



## THE SEX ABUSE TREATMENT CENTER

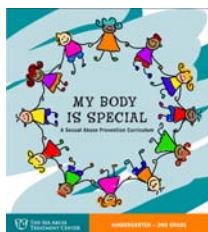
*A Program of Kapi'olani Medical Center for Women & Children*

### Sexual Violence Prevention Curricula & Training Program

The Sex Abuse Treatment Center's (SATC) curricula are designed to protect children from sexual violence and to promote safe, respectful relationships. The Center also offers an interactive and personalized training program for educators and counselors to enable them to comfortably and effectively teach the curricula in the classroom. Curricula are approved by Hawai'i Department of Education. Information: call SATC at 535-7600.

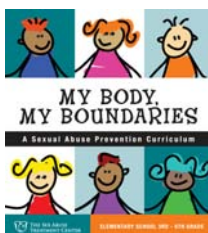
#### The K-12 Curricula Offer:

- Age-appropriate materials and activities that build student's knowledge and skills.
- Detailed lesson plans with tips for teaching and answers to common questions.
- Alignment of lessons to Hawaii's Content and Performance Standards III for health education.
- Tools for educators to prepare themselves, parents and schools to effectively educate students.
- Information and links to resources to help students affected by sexual violence.



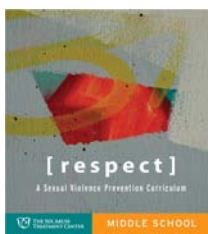
#### **My Body is Special (Kindergarten-2nd grade)**

- Students learn rules to help protect them from unsafe situations & touches.
- Students learn the “**My Body Belongs to Me**” song to reinforce body safety concepts.
- Students learn to tell a trusted grown-up if unsafe touching happens to them.
- 144 pages. Includes a *Let's Talk about Touching* coloring and activity book for each student to take home to share key messages with family. Educational sing-a-long CD.



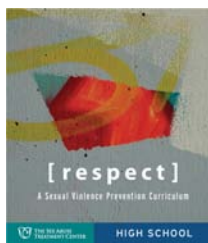
#### **My Body, My Boundaries (3rd-5th grade)**

- Students learn how to recognize and respond to unsafe, or sexually abusive behaviors (referred to as unwanted talking, showing and touching of private parts).
- Students learn how to identify and respect personal boundaries and how to stay safe from internet predators.
- Students learn about their gut feelings and telling a trusted adult when they feel unsafe.
- 235 pages. Includes a sing-a-long song on CD “**Ask an Adult**” for Cyber Safety education.



#### **Respect (6<sup>th</sup> – 8<sup>th</sup> grade)**

- Students learn the four types of sexual violence and how to reduce their risk of victimization.
- Students learn strategies to help prevent sexual harassment and bullying.
- Students learn how to communicate and respect boundaries and how to stay safe online.
- 259 pages. Includes *Gonna Make It* DVD about victims, *Net Smartz Teen Vignettes* DVD on Cyber Safety and *Let's Get Real* DVD on sexual harassment and bullying.



#### **Respect (9th-12th grade)**

- Students learn how to recognize and respond appropriately and safely to sexual violence.
- Students reflect on their behaviors, learn how to respect other's personal boundaries and avoid behaving in disrespectful and sexually abusive ways.
- Students learn how to reduce their risk of victimization and how to help peers in unhealthy relationships.
- Students learn to advocate for healthy, respectful relationships.
- 272 pages. Includes *Five Stories* CD (victim experiences and impacts of sexual violence) and *Respect Media Campaign* DVD.