

A Program of Kapi'olani Medical Center for Women & Children

AN AFFILIATE OF HAWAI'I PACIFIC HEALTH

# Healing Hearts, BUILDING STUTURES

#### **SUMMER 2015**

'Scrapbook' Video
Addressing Sexual Assault During the 2015 Legislative Session 2
City and State Recognition of Sexual Assault Awareness Month 3
Male Survivor Film Premiered at 16th Annual Benefit Luncheon 3
New Best Practices Publication for LGBTQ Survivors4

The Sex Abuse Treatment Center's mission is to support the emotional healing process of those sexually assaulted in Hawai'i, to increase community awareness about their needs and to reduce the incidence of all forms of sexual assault.

#### FROM THE HEART

Comments from those served by the SATC staff

"...[The SATC physician] was very awesome, made me feel comfortable, relaxed,
and not scared anymore. . . . [I] was very
nervous but he did a great job. [The SATC
crisis worker] made me feel safe and took
very good care of me. She didn't leave
me alone and I felt better. . . . Amazing!"
(sexual assault survivor seen for the acute
forensic examination)

"My SATC counselor has helped me realize that the abuse wasn't my fault, and that I can get better and become a stronger person." (sexual assault survivor referring to an SATC therabist)

"All information presented was useful and enhanced my repertoire of materials for teaching, not only about sexual abuse and violence, but about more areas of health education." (teacher referring to a sexual violence prevention curriculum training)

# Award-Winning 'Scrapbook' Video Shows a Journey to Healing



A snapshot of Janelle's scrapbook from the SATC 'Scrapbook' film

"The more we can

empower other survivors

to make healing their

own, the better it is going

to be for them."

Scrapbooks capture moments in time, documenting personal histories with photos, journal entries, poems and other artwork. Janelle's scrapbook is

no different, except the one she created documents her healing journey from sexual assault during her time at the Sex Abuse Treatment Center (SATC).

Janelle's scrapbook
captures the highs
and lows of her treatment, allowing
her to release what she felt inside in a
way she felt she could not express to

others. She describes the range of ways she took care of herself during some of the darkest times in her life, and her diligence in overcoming her trauma.

> Her scrapbook shows her transformation from victim to survivor.

In wanting to reach out and support others who have experienced similar victimization, Janelle gave her scrapbook to be used as the basis of a new film

collaboration between the SATC and Shooters Film Production. In the video entitled "Scrapbook," Janelle tells her story of childhood sexual abuse and a

continued on page 2

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continued from page 1

## Award-winning 'Scrapbook' (continued)

subsequent rape she experienced. Pages from her scrapbook included in the film illustrate her struggles, as well as her triumph.

The film is a testament to the healing that takes place within the supportive space of therapy, coupled with the determination of a survivor spirit. "This film shows one woman claiming ownership of her healing in her own creative way. The more we can empower other survivors to make healing their own, the better it is going to be for them," says SATC therapist, Christy Werner, LCSW, who is also featured in the film. Werner and other SATC therapists use the film with clients as inspiration to find their own path towards healing.

The power of "Scrapbook" is evident. The film recently won a Silver Award at the 2015 Pele Awards, an honor from the Hawaii advertising community. It has provided connection, motivation, and hope for others.

Janelle states boldy, "There is life after sexual abuse. You have to fight for yourself." It is in this resilient spirit that SATC hopes to share this video with other survivors in therapy who can benefit from Janelle's story and assist in their journey towards healing.

# Addressing Sexual Assault During the 2015 Legislative Session

This legislative session, the Sex Abuse Treatment Center (SATC) tracked over seventy bills and resolutions relating directly or indirectly to sexual violence. Two measures are particularly significant for survivors of sexual violence.

This year, Governor David Ige and the Hawai'i Department of the Attorney General (the AG) requested that additional funds be included in the 2016 – 2017 fiscal biennium executive budget for statewide sexual assault services. Crisis, treatment, and prevention education services are delivered by the SATC and the network of sexual assault centers in every county, under contract with the AG. The Legislature appropriated the amount requested for fiscal year 2016. The additional funds will allow for added crisis, treatment and prevention services. HB 500 was sent to Governor Ige for his consideration and signature.

A second bill, SB 387, establishes a statewide task force, which includes the SATC, that will review and make recommendations for the amendment of the University of Hawai'i System's (UH) policies concerning sexual assault. By bringing together a taskforce comprised of representatives from UH, stakeholder government agencies, and community groups, the State of Hawai'i may better develop a comprehensive prevention and response system for all UH campuses, with corresponding changes to UH's policy. SB 387 was also sent to Governor Ige for his consideration and signature.

For more information about this legislative session, please visit our updated Public Policy page on our website at www.satchawaii.org.

## City and State Recognition of Sexual Assault Awareness Month

The Sex Abuse Treatment Center was recognized by Governor David Ige, Honolulu Mayor Kirk Caldwell, and the Honolulu City Council in proclamation ceremonies on March 24 and April 10, that recognized our efforts and those of our partners to address the impacts of sexual assault on survivors, their families and island communities throughout the State of Hawai'i.

The proclamations remark that Sexual Assault Awareness Month is an opportunity to recommit to ending sexual assault, giving survivors the support they need to heal, and build a culture that will not tolerate sexual violence.

Governor Ige, Mayor Caldwell, and the City Council specifically acknowledged the Hawai'i Coalition Against Sexual Assault's recently completed LGBTQ Best Practice Standards Manual (discussed separately on page [4]), as well as the Sex Abuse Treatment Center and military sexual assault programs that support survivors through crisis intervention, treatment, and prevention services.

Governor Ige's Proclamation, Mayor Caldwell's Proclamation, and a Certificate received from the Honolulu City Council, may be viewed online at

www.satchawaii.com/get-involved-other-events.aspx





Governor David Ige, Mayor Kirk Caldwell, and the Honolulu City Council recognize SAAM 2015

# Male Survivor Film Premiered at 16th Annual Benefit Luncheon

The Sex Abuse Treatment Center (SATC) held a successful 16th Annual Benefit Luncheon at the Oahu Country Club on October 28, 2014. The annual "It's Not Your Fault" benefit brought together many of SATC's biggest supporters, donors, and stakeholders. This year's luncheon highlighted the many fronts in which the SATC is addressing sexual violence prevention in the community through the [respect] campaign, in addition to the direct services the organization provides to survivors and their families.

The SATC also premiered a new film at the luncheon, 'Being a Male Survivor,' aimed at educating the public about male experiences of sexual violence. The film features Andre (pictured right) and Jerry, two men who courageously share their stories in hope of breaking down the barriers of stigma and shame that too often silence victims. The SATC hopes the video will encourage other male survivors to come forward to seek support, and also raise the awareness in the



'Being a Male Survivor' premieres at the SATC 16th Annual Benefit Luncheon

community about the prevalence of sexual assault amongst men. 'Being a Male Survivor' video can be viewed on the SATC website at <a href="https://www.satchawaii.org">www.satchawaii.org</a>.



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4

# New Best Practices Publication for LGBTQ Survivors

The Hawai'i Coalition Against Sexual Assault (HCASA) recently unveiled its new publication, LGBTQ-Enhanced Best Practice Standards for the Delivery of Sexual Assault Services in Hawai'i.

This manual was made possible through a grant awarded by the Office on Violence Against Women of the U.S. Department of Justice,



and a close collaboration led by HCASA and many community and government organizations, including the SATC.

It offers an in depth discussion of sexual violence and the experiences of Lesbian, Gay, Bisexual, Transgender and Queer/Questioning (LGBTQ) persons, the barriers to obtaining needed services faced by these communities, and how services may best be delivered to LGBTQ individuals.

These Best Practice Standards were developed to ensure that providers of sexual assault services across the state be culturally-competent to provide care to all survivors of sexual assault, including those who are LGBTQ. Therefore, its purpose is to build understanding of these communities, with particular focus on their members' special medical-forensic, mental health, and legal and law enforcement issues that may arise through their experiences of sexual violence and while accessing support services.

For further information about this publication, please contact our office by calling 1-808-535-7600.